Practical CBT: Using transdiagnostic case formulations and therapies based on problem-maintaining circles
Gary Bakker
Practising Clinical Psychologist

In 2008, clinical psychologist Gary Bakker introduced the problem-maintaining circle (PMC) model to the clinical application of CBT. Drawing on 40 years of clinical practice and research, learn how best to communicate the CBT approach to clients and get them to do their homework effectively. Select and apply evidence-based CBT therapies. Includes 72 Homework sheets, including verbatim scripts to help ensure clients get the best out of therapy and a downloadable PDF booklet of 33 client handouts.

Healing Trauma in Children: A practical guide for foster and kinship carers
Sonia Kennedy

This book aims to help foster and kinship carers understand trauma and its impact on the vulnerable child they are caring for. It gives practical strategies for dealing with day-to-day care emergencies as well as more long-term solutions. It is not about medication; it’s not about behaviour management plans, punishment, judgement, or diagnosis. It is about developing a carer’s awareness, kindness, compassion, patience, strength, and education.

Ethics and Accountability in Criminal Justice: Towards a Universal Standard - THIRD EDITION
Tim Prenzler
Sunshine Coast University

This book is designed to meet head on the urgent need for academics, advocates and policymakers to develop universal ethical standards in criminal justice practice. By using quality research and policy analysis focusing on the core components of the criminal justice system — police, courts and corrections — Professor Prenzler formulates a basic checklist that can be used to assess the ethical quality and accountability of the criminal justice system in any jurisdiction.

The Gifts of Compassion Personal Practice Workbook
Stan Steindl
Psychology Consultants Pty Ltd

This workbook is designed to accompany Stan Steindl’s popular self-help book The Gifts of Compassion: How to understand and overcome suffering. Following the same chapter structure as the book, it presents a series of exercises and activities designed to deepen your understanding and practice of compassion for others, receiving compassion from others, and offering compassion to yourself and your own challenges and struggles.
The Gifts of Compassion: How to understand and overcome suffering
Stan Steindl
Psychology Consultants Pty Ltd

Through a clear series of steps and practices, noted clinical psychologist Dr Stan Steindl explains how compassion evolved as a vital part of our nature and thought, and the way we look after one another, and even ourselves. He then shows how to use our compassion as a key to a healthier mental life.

Facing the Tiger: A Survivorship Guide for Men with Prostate Cancer and their Partners
Professor Suzanne Chambers AO

It’s tough living with a diagnosis of prostate cancer. The side-effects of treatment can be life-long and take a heavy toll on men’s mental health. This book gives the reader practical strategies to manage stress and anxiety, improve health and wellbeing, and make tough decisions. It is essential reading for all men with prostate cancer, their partners, and their healthcare professionals. It is particularly appropriate when delivered as a guided or unguided self-help strategy for a low intensity mental health intervention.

Keeping Our Kids Alive: Parenting a suicidal young person
Dr Lyn O’Grady
Psychological Services Group

Psychologist Lyn O’Grady has spent decades working, researching and presenting on better mental health for children, young people and families. So she wrote this book to explain exactly what it means to be a parent of a teenager who is struggling with suicidal thoughts and behaviours and how to help. This book will help any parent or health worker working with families to understand how to connect and communicate with teenagers when dealing with the topic of suicide.

Freedom Lost: A history of newspapers, journalism and press censorship in Australia
Robert Pullan

Since 1803, Australia’s newspapers have had a part in curating and distributing our nation’s stories second only to conversation. In this epic collection of essays, Robert Pullan, a life-long journalist, tells the lives of the poets, preachers, drunks, gunmen and genius-editors who shaped Australian press history and battled the censorship ogre.
<table>
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<th>RRP</th>
<th>ISBN</th>
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<td>Tales from the Valley of Death: Reflections from psychotherapy on the fear of death</td>
<td>Ross G. Menzies &amp; Rachel E. Menzies</td>
<td>$29.95</td>
<td>9781925644357</td>
<td>November 2019</td>
<td>268</td>
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<td>Processing Emotional Pain using Emotion Focused Therapy: A guide to safely working with and resolving emotional injuries and trauma</td>
<td>Dr Melissa Harte</td>
<td>$34.95</td>
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<td>October 2019</td>
<td>172</td>
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<td>The Art of CBT: Individualised strategies to respond to common obstacles in therapy</td>
<td>Chris Basten</td>
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<td>September 2019</td>
<td>168</td>
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<td>Italian Bel Canto in the Age of Vocal Science (HB)</td>
<td>Joseph Talia, OAM</td>
<td>$89.95</td>
<td>9781925644296</td>
<td>August 2019</td>
<td>428</td>
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Explore and learn from the complex lives of ten individuals who have been crippled by death-related fears and related existential issues as revealed by candid interviews with their psychotherapist. These intimate personal tales reveal fears ranging from sudden death from anaphylactic shock to being attacked by dinosaurs lurking in kitchen cupboards. Discover how the dread of death can strike at the heart of the human experience, and the power of effective therapy to improve the lives of others.

Before her untimely death early in 2021, Dr Melissa Harte was an internationally accredited Emotion Focused Therapy (EFT) trainer and renowned counselling psychologist. Here she set out a framework and model that works gently, effectively and deeply to assist in reversing the psychological, emotional, spiritual and physical damage of unresolved emotional pain. This is a ‘how-to’ book, presenting techniques and concepts to assist practitioners, including investigating the use of the impacts of trauma case studies.

Chris Basten is a highly experienced therapist who has worked in public health and the private sector for over 25 years. Here he presents a master class in CBT — discover the art within the science of evidence-based practice. The highly readable text is supplemented by practical examples of therapist statements and client case examples that unfold as you read. The Art of CBT is the essential clinical handbook for all CBT practitioners.

In this, the third and final volume in a trilogy on the development of vocal science since 1562, Joseph Talia, noted tenor, teacher, researcher, and operatic director, critically evaluates the modern Italian School of *bel canto*, its connection to the past, and challenges for the future.
Italian Bel Canto in the Age of Vocal Science
Joseph Talia, OAM

In this, the third and final volume in a trilogy on the development of vocal science since 1562, Joseph Talia, noted tenor, teacher, researcher, and operatic director, critically evaluates the modern Italian School of *bel canto*, its connection to the past, and challenges for the future.

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So you’ve got pelvic pain… here’s how to manage it.
Peter Dornan, AM

Pelvic pain is one of the most widespread yet least known and understood afflictions facing people today. This book looks at its causes and suggests practical, evidence-based pain management strategies. This book will prove useful to patients as well as health professionals who have an interest in pelvic pain, particularly musculoskeletal therapists.

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Sex and Belonging: On the Psychology of Sexual Relationships
Tony Schneider

In this stunning new work, Tony Schneider, a practising clinical psychologist for over 30 years, outlines a new model of psychological drives around sexual behaviour. He describes a dual biological and subjective, multiple-drive profile, that energises and directs individual sexual behaviour. The book takes a middle path between the determinist thinking that frequently underpins scientific psychological research, and the psychodynamic theory often used by clinicians.

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The Freedom of Virtue: Navigating excellence in the art of living amongst a world of instant gratification
Tom Edwards & Cosimo Chiera

So how do we attain a life of excellence in a world awash with instant gratification yet marred by anxiety and depression? Cutting across cultural and religious barriers, this unique book provides readers with practical tools in the daily art of living with virtue — useful to parents, teachers, mental health professionals, community workers and business leaders.
<table>
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<td>Coping with Stress and Burnout as a Veterinarian: An Evidence-Based Solution to Increase Wellbeing</td>
<td>Nadine Hamilton</td>
<td>9781925644197</td>
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<td>Casino Life: Psychology and Culture of Casino Gambling</td>
<td>Phil Watts</td>
<td>9781925644173</td>
<td>$24.95</td>
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<td>Curing the Dread of Death: Theory, Research and Practice</td>
<td>Edited by Rachel E. Menzies, Ross G. Menzies, Lisa Iverach</td>
<td>9781925644111</td>
<td>$29.95</td>
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<td>The Rubber Brain: A toolkit for optimising your study, work, and life!</td>
<td>Sue Morris, Jacquelyn Cranney, Peter Baldwin, Leigh Mellish, Annette Krochmalik</td>
<td>9781925644081</td>
<td>$29.95</td>
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The suicide rate for veterinarians is almost four times higher than the general population across the UK, Australia, US, New Zealand and Canada. If we are to reduce this tragic statistic we need to find out what hinders a vet’s wellbeing and use targeted solutions that work. This unique book presents an examination of the problem, the ways mental health is influenced by their daily work and the science we can use to tackle it head on. It is a book for every veterinarian veterinary student and veterinary nurse.

Want to know more about casinos and their psychological effects on people? Casino Life reveals an intriguing and often hidden world with its own culture, pace, rules, social etiquette, and shared expectations. Learn why people gamble and the elaborate theories people use to explain why they try to defy mathematical odds.

This unique book explores the dread of death and its management from a wide range of perspectives with researchers and writers from a variety of cultures, academic traditions and disciplines across the globe. The fields covered are broad — including palliative care and grief, psychodynamic theory, social, developmental and clinical psychology, sociology and anthropology, counselling practice as well as history, art, and philosophy.

Failed an exam, bungled an interview, screwed up a relationship, broken your diet, or stuffed up at work? Your brain is the key to getting back on track. Learn from five leading psychological educators how to ‘rubberise’ your brain to optimise your thinking using simple tools derived from solid science. Change your life for the better.

Buy online at www.aapbooks.com
Overcoming Adversity: Conquering Life’s Challenges
Eileen S. Lenson
Lenson Life Coaching

What do we do to prevent our lives from spiraling out of control when we encounter traumatic events that threaten our safety, careers, emotions, health, or relationships? In this pragmatic and inspirational book, experienced life coach Eileen Lenson shows us tools to turn suffering into hope and develop resilience by combining scientific research with an understanding of our emotional and spiritual lives.

Overcoming School Refusal: A practical guide for teachers, counsellors, caseworkers and parents
Joanne Garfi

School refusal affects up to 5% of children and is a complex and stressful issue for the child, their family and school. Psychologist Joanne Garfi spends most of her working life assisting parents, teachers, school counsellors, caseworkers, and community policing officers on how best to deal with school refusal. Now her experiences and expertise are available in this easy-to-read practical book.

Vocal Science for Elite Singers
Joseph Talia, OAM

Noted tenor, teacher, researcher, and operatic director, Joseph Talia, delves deep into the world of singing with this exploration of the voice. He introduces a cavalcade of colourful historical characters whose diligent work and unrelenting pursuit of excellence have made a tremendous and enduring contribution to the art of singing, promoting a more direct, objective and secure route towards the goal of bringing elite singers and artists to fruition.

The Anxiety Management Manual: A therapist guide for an effective 10-session CBT treatment program
Renée Mill
Anxiety Solutions CBT

This manual is designed for the busy health professional treating a wide range of clients who suffer from anxiety or stress. It outlines an easy to use manualised CBT treatment program with over 20 years of successful client outcomes. Get client results with this 10-week program based on a 4-step process that can help any person regardless of whether the symptoms of anxiety are mild, moderate or severe. It is effective if the anxiety presents alone or co-exists with other mental health conditions including depression, bipolar disorder and borderline personality disorder.
The Anxiety Management Workbook: A 10-session program to help you beat anxiety
Renee Mill
Anxiety Solutions CBT

This workbook is for clients undertaking professional therapy from Renee Mill’s Anxiety Solutions CBT program. Overcoming significant levels of anxiety that affect your day-to-day life takes effort, practice and a little help from a professional. This workbook is designed to accompany therapy and help you work with your practitioner to develop new ways of thinking and feeling — effectively “rewiring” pathways in your brain to creative a better functioning you.

Cancer, Sex, Drugs and Death: A Clinician Guide to the Psychological Management of Young People with Cancer
Dr Toni Lindsay

This book is a must read for any psychologist, psychiatrist, therapist or counsellor dealing with a young client undergoing cancer treatment. A strong clinical focus throughout the text provides guidance and structure, showing how to work effectively with young people through learning the language of cancer diagnosis and treatment so that the therapeutic skills you already possess are translatable to cancer-related issues.

Careers Work in Schools: A Primer for Career Development Facilitators
Catherine Hughes

In this practical text, experienced career guidance professional, Catherine Hughes, provides the reader with an overview on developing, planning and delivering best practice school-based career development programs and services.

Careers Work in Schools: Cost Effective Career Interventions
Catherine Hughes

In this practical text, experienced career guidance professional, Catherine Hughes, shows how to design and deliver career services for students in the upper middle and secondary years (typically Years 7–12) that are cost-effective and that adopt a strategic approach to the application of career interventions known to improve student career development.
Brisbane Burns: How the Great Fires of 1864 Shaped a City and its People
Sharyn Merkley

1864 was a tough year for the fledgling town of Brisbane as two devastating fires swept through its commercial hub. This book is the first comprehensive historical record of both the ordinary and well-known citizens of the early settlement city who survived the fire’s ravages to lay the foundations of Australia’s third biggest city.

Understanding Crime Prevention: The Case Study Approach
Edited by Tim Prenzler
The University of the Sunshine Coast

Much of today’s policy on preventing crime is driven by political ideology and anecdotal evidence, with insufficient planning and evaluation. This book contributes to improved practice in crime prevention, primarily through the lessons from successful projects. It provides an overview of current research in the field, and an exposition of some of the best case-studies from the past. It is a must-read for security practitioners, crime prevention and community safety officers, police, research and policy officers, politicians, and students and academics in the field.

What was I thinking? Inside the Composition of the Acoustic Pop Album Fall
Greg Arnold

Greg Arnold, a songwriter and performer with a back catalogue including two top ten albums and the top ten hit “Happy Birthday Helen”, examines his own creative process as a recordist engaged in the composition, performance and production of the pop album Fall. A unique book with a perspective that has one foot in the academy and one foot securely adhered to the sticky carpet of the beer barn Australian popular music tradition.

CoupleCare: Couple Commitment and Relationship Enhancement (Ed II) Couple Guidebook
W. Kim Halford
The University of Queensland

This book is designed for couples undertaking the CoupleCARE relationship enhancement program. To be used with the accompanying second edition CoupleCARE Video Guide (ISBN 9781922117908), this guidebook contains six chapters in which to record and practice what you have learned with your partner with telephone, online chat, or video call support from a professional relationship educator, counsellor or therapist. For further information about the CoupleCARE program go to www.couplecare.info
CoupleCare: Couple Commitment and Relationship Enhancement (Ed II) Educator’s Manual
W. Kim Halford
The University of Queensland

The complete practitioner resource for the second edition CoupleCARE relationship enhancement program. It includes the CoupleCARE Video Guide DVD, a complete copy of the CoupleCARE Couple Guidebook, as well as an overview of the program, suggestions on how to make it work most effectively, a semi-structured intake interview template, and detailed suggestions of how to conduct the program in flexible delivery mode. For further information about the CoupleCARE program go to www.couplecare.info

CoupleCare: Couple Commitment and Relationship Enhancement (Ed II) Video Guide
W. Kim Halford
The University of Queensland

This DVD is designed for couples undertaking the CoupleCARE relationship enhancement program. To be used with the accompanying second edition CoupleCARE Couple Guidebook (ISBN 9781922117892), the DVD contains six sessions for you and your partner to watch with telephone, online chat, or video call support from a professional relationship educator, counsellor or therapist. For further information about the CoupleCARE program go to www.couplecare.info

The Practice of Counselling and Clinical Supervision 2nd Edition
Edited by Nadine J. Pelling and Philip Armstrong

In this new and expanded edition of the leading state-of-the-art text for supervision training of a range of clinical therapists comprehensively covers the entire range of professional, personal and organisational issues that need to be addressed to ensure quality supervision for both counsellors and clinicians. With a global focus and an impressive list of 16 experienced contributors from Australia, Canada and the US.

Suicide Research: Selected Readings Volume 16 May 2016–October 2016
Edited by Y. W. Koo, M. McDonough, V. Ross, D. De Leo

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.
A History of Vocal Pedagogy: Intuition and Science
Joseph Talia, OAM

In this ground-breaking work, noted tenor, teacher, researcher, and operatic director, Joseph Talia, takes us on an inspiring journey through 450 years of history beginning with the first physiological treatise of Giovanni Camillo Maffei and ending with the remarkable development of solo singing. It is a vital resource for voice teachers, vocal researchers, serious vocal students, and vocal connoisseurs.

MY SYSTEM of CAREER INFLUENCES — MSCI (Adolescent): Facilitator’s Guide
Mary McMahon, Wendy Patton, Mark Watson,

The MSCI is a qualitative career assessment tool based on the constructivist theory from cognitive psychology. This book describes the Systems Theory Framework of career development that provides the theoretical background to the MSCI as well as a step-by-step user guide to conducting the MSCI process with adolescents using the MSCI (Adolescent) Workbook (sold separately). With its attention to an holistic and storied approach to career intervention, My System of Career Influences (MSCI) (Adolescent) is an essential resource for all career practitioners working with adolescents.

MY SYSTEM of CAREER INFLUENCES — MSCI (Adolescent): Workbook
Mary McMahon, Wendy Patton, Mark Watson,

This client booklet is to be used in conjunction with the MSCI (Adolescent) Facilitators Guide and is not useful for any other purpose.

Fit to Practice: Everything you wanted to know about starting your own psychology practice in Australia but were afraid to ask.
Kaye Frankcom, Bruce Stevens, Philip Watts

Australian psychology practice today is a dynamic, well respected and increasingly competitive environment. Many new psychologists graduate with an expectation of setting up their own private practice. Written by three highly experienced psychologists with more than 75 years of private practice experience between them this book is designed for those either entering private practice or already practicing who might want to continue their professional development.
No Body’s Perfect: A helper's guide to promoting positive body image in children and young people
Dr Vivienne Lewis
University of Canberra

In today’s image-conscious world it is important that we help children and youngsters feel better about their bodies. No Body’s Perfect is written for teachers, counsellors, parents, and carers. It promotes positive body image and good mental health using easy to implement evidence-based strategies. It is appropriate for use with children aged six years and up. Recommendations are also made for educators to foster healthy body image and well-being at school.

Suicide Research: Selected Readings Volume 15 November 2015- March 2016
Edited by Y. W. Koo, L. Kunde, V. Ross, D. De Leo

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

Innovations and Future Directions in the Behavioural and Cognitive TherapiesPsychology as a Profession in Australia
Edited by Ross G. Menzies, Michael Kyrios, Nikolaos Kazantzis
University of Sydney, Australian National University, Monash University

This unique book draws together a veritable ‘who’s who’ of leading CBT researchers and practitioners who presented their work at the 2016 WCBCT. Over 190 leading researchers and practitioners from across Britain, Europe, North and South America, Asia and Australia contribute to 53 concise and insightful essays summarising their work, where it fits in the broader field, clinical implications, and directions for future research and practice.

Suicide Research: Selected Readings Volume 14 November 2014 - April 2015vult
Edited by Y. W. Koo, L. Kunde, V. Ross, D. De Leo
Australian Institute for Suicide Research and Prevention

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

Buy online at www.aapbooks.com
**Take Action Child Handout Workbook**  
Allison Waters and Trisha Groth  
Griffith University  

This workbook is to be used only in conjunction with the Take Action Practitioner Guidebook. It provides all 84 Child handouts and work sheets from the Take Action program bound and numbered in a 92-page colour cover A4 sized book with contents page.

- **ISBN**: 9781922117281  
- **PUB Date**: January 2016  
- **RRP**: $15.00  
- **Pages**: 92

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**Take Action Parent Handout Workbook**  
Allison Waters and Trisha Groth  
Griffith University  

This workbook is to be used only in conjunction with the Take Action Practitioner Guidebook. It provides all 40 Parent handouts and work sheets from the Take Action program bound and numbered in a 44-page colour cover A4 sized book with contents page.

- **ISBN**: 9781922117298  
- **PUB Date**: January 2016  
- **RRP**: $15.00  
- **Pages**: 42

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**Take Action Practitioner Guidebook**  
Allison Waters and Trisha Groth  
Griffith University  

The complete practitioner guide for the Take Action Program — a user-friendly CBT program designed for mental health professionals who work with anxious children aged 4-12 years. It is an evidence-based intervention combining recent research on threat-based cognitive biases and maladaptive thinking styles in childhood anxiety disorders with the well-established principles of CBT. This practitioner guidebook uses an easy-to-read standardised layout to guide you through the steps covered in each of six treatment modules as well as including child and parent handouts which may be photocopied.

- **ISBN**: 9781922117274  
- **PUB Date**: January 2016  
- **RRP**: $85.00  
- **Pages**: 226

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**Controlling People: The Paradoxical Nature of Being Human**  
Richard S. Marken and Timothy A. Carey  

Based on Perceptual Control Theory (PCT), this entertaining book explores the paradox of why we often lose control by trying to be in control and why our controlling nature makes it difficult to stop this self-defeating behavior. Understanding PCT opens the window to understanding and learning about ourselves as controlling people and equips us to lead more effective and satisfying lives.

- **ISBN**: 9781922117649  
- **PUB Date**: December 2015  
- **RRP**: $24.95  
- **Pages**: 164

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**Buy online at www.aapbooks.com**
Parenting Made Easy: The early years
Dr Anna Cohen
Kids & Co

ISBN 9781922117441
PUB Date July 2015
RRP $29.95
Pages 116

The early years of parenting are often a tricky and challenging time — a time when you will watch your baby fade and a child emerge, a time of amazing growth, development and change. Your ‘bag of tricks’ to deal with these changes must take into account your child’s development and cognitive abilities at any given stage. This book provides ideas for parenting that have worked for thousands of families to foster children’s positive self-identity. The strategies advocated promote positive nurturing relationships while helping you to find effective solutions to the challenge of parenting the preschooler.

Suicide Research: Selected Readings Volume 13 November 2014 - April 2015
Edited by A. Sheils, J. Ashmore, K. Kõlves, D. De Leo
Australian Institute for Suicide Research and Prevention

ISBN 9781922117489
PUB Date July 2015
RRP $29.95
Pages 242

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is it a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

Learn to Dance on a Moving Carpet: How to create a balanced and meaningful life
Jacky Dakin
Halifax House Consulting, Adelaide

ISBN 9781922117427
PUB Date June 2015
RRP $29.95
Pages 134

Kick start yourself into action and achieve balance and resilience in your life. In today’s busy fast-changing world many people feel they have lost their way and struggle with the aspects of everyday life. In this quick ‘go to’ self-help guide psychologist Jacky Dakin packages up key concepts and actions for everyday coping. Based on more than 25 years experience and feedback from a range of counselling and coaching clients, this book contains easy-to-digest practical advice and information along with exercises and inspirational quotes to help you find greater meaning and purpose in your life.

Ideas for Career Practitioners: Celebrating Excellence in Career Practice
Edited by Mary McMahon & Wendy Patton

ISBN 9781922117397
PUB Date March 2015
RRP $59.95
Pages 274

Presenting a smorgasboard of 48 ideas from over 50 experienced career practitioners, researchers and theoreticians from six countries, this book is an essential resource for everyday work in the career guidance field, including counselling, programs, assessment and education. Practical activities, instruments, methodologies, reviews and ideas are presented in an easy-to-read format suitable for a range of client groups including adults, adolescents, primary aged children, rural and remote communities, and indigenous populations.

Buy online at www.aapbooks.com
## Writing Reports for Court: An International Guide for Psychologists Who Work in the Criminal Jurisdiction

Jack White, Andrew Day, Louisa Hackett and J. Thomas Dalby

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Provides essential support for psychologists when preparing a court report and giving evidence. This book offers guidance on the content and structure of reports, highlights the importance of assessments that directly address the legal questions under consideration, and includes detailed descriptions of relevant law and practice in Australia, Canada, the United States, the United Kingdom, New Zealand and Singapore. Featuring several comprehensive case studies, it serves as an excellent resource for any working psychologist as well as any psychologist or student considering a career in forensic work.

## Suicide Research: Selected Readings Volume 12

Edited by A. Sheils, J. Ashmore, K. Kölves, D. De Leo
Australian Institute for Suicide Research and Prevention

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A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies' findings in the Australian context.

## Pelvic Pain: A Musculoskeletal Approach for Treatment

Peter Dornan, AM

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<td>RRP</td>
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Pelvic pain is one of the most widespread yet least known and understood afflictions facing people today. This book is for patients who have a specific variety of pelvic pain or other symptoms related to the pelvis that does not respond to traditional medical intervention. It will also be useful for health professionals who have an interest in pelvic pain, particularly musculoskeletal therapists.

## Operation Green Heart

Anne Kerr and Dr Katelyn Kerr

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<td>RRP</td>
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This is a book written for children to assist military and ex-military personnel and their families deal with difficult feelings that may have arisen as a result of their service including a diagnosis of posttraumatic stress disorder (PTSD). It tells the story from Max’s viewpoint of the trouble Max’s dad is having dealing with his angry and sad feelings. Together as a family they come up with a way to once again show their love for each other.
The Anger Fallacy Workbook: Practical Exercises for Overcoming Irritation, Frustration and Anger

Ross G Menzies and Steven Laurent

Based on their ground-breaking book *The Anger Fallacy*, leading psychologists Ross Menzies and Steven Laurent have put together 35 simple, practical exercises to help rid your life of anger. Using this workbook, either on your own or with a therapist, you can practice the anger management concepts from *The Anger Fallacy*, and learn to master anger, the most toxic of emotions.

The Australian Workplace Barometer: Psychosocial safety climate and working conditions in Australia

Edited by Maureen F. Dollard & Tessa S. Bailey

Asia Pacific Centre for Work Health and Safety, University of South Australia

Work related stress represents a huge cost for worker health and -productivity and is broadly regarded as an important social -determinant of global health. The Australian Workplace Barometer (AWB) project was developed in order to provide national benchmarks needed to develop best practice standards in the area of worker psychological health and wellbeing. It provides a step towards social action and work environments that will stimulate problem solving, creativity and innovation at work rather than despair through compromised health and wellbeing.

Suicide Research: Selected Readings Volume 11

Edited by A. Novic, E. Barker, K. Kölves, D. De Leo

Australian Institute for Suicide Research and Prevention

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

Professional Practice in Crime Prevention and Security Management

Edited by Tim Prenzler

Griffith University

This book provides a clear and up-to-date guide to what works and what constitutes best practice across a range of crime prevention and security management applications and issues. It also fills a gap in the literature in regard to the integration of environmentally-based crime prevention science and applied security work. It is a concise and informative entrée into the field and helps convey some of the main principles, methods and sources in crime prevention. A must read for all crime prevention project managers, security managers, policy officers, students, and researchers.
Suicide Research: Selected Readings Volume 10
Edited by E. Barker, A. Novic, H. Houweling, S. McPhedran, D. De Leo
Australian Institute for Suicide Research and Prevention

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

The Anger Fallacy: Uncovering the Irrationality of the Angry Mindset
Steven Laurent and Ross G Menzies

Is anger really ever useful? And can we learn to overcome it? In this entertaining and ground-breaking book, two of Australia’s leading clinical psychologists take a radical approach to anger management, exploding the irrational beliefs that fuel this noxious and misunderstood emotion. Through numerous examples from popular culture and the consulting room, and with a sizable dose of humour, the authors show how to combat anger by substituting empathy and understanding for righteous angry judgments.

MY SYSTEM of CAREER INFLUENCES
MSCI (Adult): Facilitator’s Guide
Mary McMahon, Mark Watson, Wendy Patton

The MSCI is a qualitative career assessment tool based on the constructivist theory from cognitive psychology. This book describes the Systems Theory Framework of career development that provides the theoretical background to the MSCI as well as a step-by-step user guide to conducting the MSCI (Adult) process using the MSCI (Adult) Workbook (sold separately).

With its attention to an holistic and storied approach to career intervention My System of Career Influences (MSCI) (Adult) is an essential resource for all career practitioners working with adults in today’s workplaces.

NOTE: This client booklet is to be used in conjunction with the MSCI (Adult) Facilitators Guide and is not useful for any other purpose.

Buy online at www.aapbooks.com
Suicide Research: Selected Readings Volume 9
Edited by E. Barker, A-M. Snider, S. McPhedran
Australian Institute for Suicide Research and Prevention

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

Ethics and Accountability in Criminal Justice: Towards a Universal Standard - SECOND EDITION
Tim Prenzler
Griffith University

This book is designed to meet head on the urgent need for academics, advocates and policymakers to develop universal ethical standards in criminal justice practice. By using quality research and policy analysis focusing on the core components of the criminal justice system — police, courts and corrections— Professor Prenzler formulates a basic checklist that can be used to assess the ethical quality and accountability of the criminal justice system in any jurisdiction.

Values and Vulnerabilities: The Ethics of Research with Refugees and Asylum Seekers
Edited by Karen Block, Elisha Riggs and Nick Haslam

There are many ethical complications in conducting research with uprooted people, who have often been exposed to persecution and marginalisation in conflict situations, refugee camps, immigration detention settings, and following resettlement. This book brings together for the first time key scholars across a range of disciplines including anthropology, bioethics, public health, criminology, psychology, socio-linguistics, philosophy, psychiatry, social policy and social work to discuss the ethical dimensions, challenges and tensions of such research.

Encounters: Musical Meetings Between Australia and China
Edited by Dr Nicholas Ng
Queensland Conservatorium Griffith University

Addressing the themes of: music and history; tradition versus innovation; cultural diversity/intercultural creativity; and music and the related arts; this book focuses on encounters between China and Australia from the earliest imaginings and representations to the latest cultural exchanges. Here, the reader will find of stories of forbidden love, prejudice and deceit, of gestures of harmony and the fulfilment of dreams and wishes. Ethnomusicologists, composers, performers, historians and cultural theorists alike explore the past, present, and future of a long, complex and culturally rich interaction.

Buy online at www.aapbooks.com
Preventing and managing workplace bullying, including sexual harassment, is not just a ‘feel good’ exercise, or something organisations should only do when they are faced with a complaint. It is part of core business. Employers and managers have a duty of care as part of occupational health and safety laws to prevent hazards that might contribute to workplace injuries. This book shows you how to meet these responsibilities using practical, sensible strategies.

It is not unusual for educators today, whether in the early childhood, primary or secondary sectors, to be confronted with severely challenging student behaviour — students who fly into unexplained violent and oppositional outbursts with little warning; who respond poorly to tried-and-true behaviour management processes. This book explains the basis for such behaviour as the neurological, physiological and behavioural outcomes of “disorganised attachment” due to prolonged exposure to a traumatic home life and provides practical advice to educators on ways that schools can effectively manage these students.

Vulture Cultures is a provocative and entertaining book that articulates, in vivid detail, the tell-tale signs and symptoms of destructive workplaces. From the incompetent to the incomprehensible, the disruptive to the dastardly, this book will explain how bad behaviour gains a foothold and what perpetuates it against all good common sense.

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.
Professor Peter Roennfeldt
Griffith University

The definitive and long-overdue history of one of Australia’s finest music schools. This book elegantly and comprehensively weaves the intertwining narratives of people and events to produce a tapestry that captures the highlights, as well as the distinctive character of a diverse community of musicians spanning more than half a century.

Positive Bodies: Loving the Skin You’re In
Dr Vivienne Lewis
University of Canberra, Private Practice

Positive Bodies is designed to equip you with the skills, knowledge, and thinking to foster a positive body image in yourself and others. It is based on tried and tested CBT principles and features real-life examples of those who have struggled but won their war against body image dissatisfaction and self-hatred. Appropriate for men and women of any age including adolescents and children, Positive Bodies can also assist parents, teachers and counsellors wanting to help others with body dissatisfaction issues.

Suicide Research: Selected Readings Volume 7
Edited by K.E. Kõlves, D.M. Skerrett, K. Kõlves, D. De Leo
Australian Institute for Suicide Research and Prevention

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

The Home Therapist: A practical, self-help guide for everyday psychological problems
Edited by Dr John Barletta and Jan Bond
Private Practice

This unique and easy-to-read book is a practical guide to over 130 psychological issues that you may face across a lifetime. It is both a self-help manual and an educational resource, featuring expert opinion from a range of experienced professionals. A must-have for the family bookshelf, it provides a wealth of information and helpful tips that can be used for self-care, as an addition to therapy, or in the support of others.

Buy online at www.aapbooks.com
### Books & Resources

**From Australia's premier behavioural science publisher**

#### The Bravehearts Toolbox for Practitioners Working with Child Sexual Assault

*Nadine McKillop, Carol Ronken, Sam Vidler*

Bravehearts Inc.

- **ISBN**: 9781921513886
- **Pub Date**: December 2011
- **RRP**: $64.95
- **Pages**: 136

Combining the expertise of both researchers and practitioners specialising in the area of child sexual assault, this book provides an innovative, evidence-based approach to working with children and young people affected by sexual assault. Its purpose is to build the confidence of these frontline workers and to reassure them that they do in fact possess the necessary skills to continue to work with their client once the issue of sexual assault has been raised.

#### Suicide Research: Selected Readings Volume 6

*Edited by A. Milner, K. Kölves, D. De Leo*

Australian Institute for Suicide Research and Prevention

- **ISBN**: 9781921513930
- **Pub Date**: November 2011
- **RRP**: $29.95
- **Pages**: 212

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

#### Building Resilience at Work

*Kathryn McEwen*

Psychology at Work

- **ISBN**: 9781921513831
- **Pub Date**: June 2011
- **RRP**: $29.95
- **Pages**: 150

Our resilience, or capacity to bounce back and even thrive in pressured times, is critical in workplaces today. With higher workloads, declining resources and frequent change, together with the hectic pace of personal lives, resilience is almost a key to survival. Based on sound psychological theory, *Building Resilience at Work* is a practical and easy-to-read book providing a proven path to self-help in developing personal resilience.

#### Strategies for Surviving Bullying at Work

*Evelyn Field*

Private Practice

- **ISBN**: 9781921513817
- **Pub Date**: June 2011
- **RRP**: $29.95
- **Pages**: 166

From the author of the highly successful introduction to workplace bullying “Bully Blocking at Work”, comes a practical guide to empower all employees to care for themselves and colleagues when faced with bullying behaviours. Beginning with an overview of social and emotional resiliency at work, the reader is shown how six key strategies based on the development of social skills can equip them to fight even the most persistent of bullies.

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*Buy online at [www.aapbooks.com](http://www.aapbooks.com)*
What Teenage Girls Don’t Tell Their Parents
Michelle Mitchell
Youth Excel

As a parent you know that your “child” is not just another teenager, struggling to grow up. She is your daughter. That in itself makes her the most unique and important teenager in the world. But when your sweet little girl suddenly stops talking, won't do anything you tell her to do, and starts dressing like she stepped out of a celebrity magazine, you start wondering what went wrong. Michelle Mitchell has spent the last 10 years day-in, day-out, listening and talking with teenage girls about their lives, loves, hates and hopes. In this book she reveals that it’s what your daughter isn’t telling you rather than what she does tell you that matters the most.

Integrative Assessment in Clinical Psychology
Edited by Andrew James Lewis, Emma Gould, Cherine Habib, Ross King
Deakin University

This book demonstrates an integrated model of clinical psychology practice where disorders are understood as the outcome of multiple interacting factors across different levels of analysis: biological, psychological and psycho-social. Using real-life case studies with expert analysis and interpretation by leading clinical psychologists and educators, the editors show how the planning of intervention needs to be informed by the available evidence.

Grave Concerns: Locating and Unearthing Human Bodies
Dr Kathryn Powell
Anthropology Forensic Research

Finding hidden buried bodies is vital for both a successful legal prosecution as well as the emotional closure required for family and friends of the victim. This unique text provides a compact reference for those who find themselves called upon to search for missing persons who have met a tragic fate. Other readers will find a greater understanding of the science and culture that lies behind clandestine graves, so often a key component of both real life and fiction.

Personality and Individual Differences: Current Directions
Edited by Richard Hicks
Bond University

Interest and research in personality and individual differences, in why people behave the way they do and the implications for life and living, remain unabated around the world. Similarities and differences underpin many implicit and espoused theories of behaviour and of personal and professional practice, informing the decisions on what we will do and when. This book demonstrates an emphasis on theoretical models and on clinical, forensic, organisational, cross-ideological and cross-cultural research.
Books & Resources

Perspectives on Teaching Singing: Australian Vocal Pedagogues Sing Their Stories
Edited by Dr Scott Harrison
Griffith University

This volume draws together leading researchers and practitioners in voice pedagogy in Australia. The collection is designed to be an ongoing resource for singing teachers, and the publication is aligned with the Australian National Association of Teachers of Singing. The book serves as a snapshot of work in the field, and encompasses voice science, studio pedagogy, regional Australia, and the role of the performer-teacher. It transcends genre boundaries and includes chapters on opera, music theatre, choral music, jazz, worship singing and cabaret.

Crime, Culture & Violence: Understanding How Masculinity and Identity Shapes Offending
Dr Katie Seidler

From prison interviews with violent offenders and a wealth of experience and research, an Australian psychologist explores the complex interaction between crime and culture. Fifteen convicted adult male violent offenders explain their understanding, motivations and rationalisations for their actions in relation to values. This nuanced understanding adds significantly to criminological theory, as well as providing suggestions for better policing, offender management, and rehabilitation.

Evidence of Absence: A Guide to Cognitive Assessment in Australia
Simon F. Crowe
La Trobe University

This book offers Australian mental health clinicians a locally written guide to the clinical interpretation of cognitive assessments using the Wechsler scales, including the WAIS-IV, the WMS-IV and the Advanced Clinical Solutions for WAIS-IV and WMS-IV. Using Australian case material, the reader is provided with empirical and interpretative analysis based upon the varying State legal requirements, the range of sociocultural uses to which intellectual assessment is put, and consideration of appropriate norms.

Counselling Christian Women on How to Deal With Domestic Violence
Dr Lynne M. Baker

This book explores women's experiences of physical, verbal, emotional, sexual, financial, and spiritual abuse at the hands of their perpetrator husbands who claim themselves to be good Christians. Through extensive interviews combined with academic research, the reader learns how counselling can be effective through the encouragement of a variety of religious and non-religious coping strategies. Of interest to victims of domestic abuse, as well as to the members of the clergy, psychologists, and counsellors.

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<tr>
<th>Title</th>
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<th>ISBN</th>
<th>Pub Date</th>
<th>RRP</th>
<th>Pages</th>
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<tbody>
<tr>
<td>Speaking Out: Stopping Homophobic and Transphobic Abuse in Queensland</td>
<td>Alan Berman and Shirleene Robinson</td>
<td>9781921513602</td>
<td>June 2010</td>
<td>$34.95</td>
<td>274</td>
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<tr>
<td>Assessing Mental Health Across Cultures</td>
<td>Lena Andary, Yvonne Stolk and Steven Klimidis</td>
<td>9781875378401</td>
<td>December 2003</td>
<td>$35.00</td>
<td>204</td>
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<td>Coping With Trauma: The Victim and the Helper</td>
<td>Edited by Rod Watts and David de L. Horne</td>
<td>9781875378081</td>
<td>December 2004</td>
<td>$29.95</td>
<td>192</td>
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<tr>
<td>Advances in Organisational Psychology</td>
<td>Edited by A. Ian Glendon, Briony Thompson, and Brett Myers</td>
<td>9781875378791</td>
<td>December 2007</td>
<td>$59.95</td>
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Based on the largest survey of gay, lesbian, bisexual, intersex, transgender and queer reactions to violence and harassment ever undertaken in Australia, this book provides a roadmap for all Australian legislative, policing, and judicial jurisdictions via a wide ranging set of recommendations, from the individual's understanding of their rights and responsibilities, to the responses of police, legal professionals and judicial officers.

We live in a multicultural society, yet how well do we understand the differences that exist across cultures and how they may impact on mental health and mental health assessment? This book provides a framework for mental health professionals to obtain an in-depth understanding of a client whose cultural background is different from their own. Through theoretical discussion and case examples, it challenges the foundations and assumptions of Western models of mental health assessment, most notably the DSM.

*Coping with Trauma* is a concise, readable and practical book about the nature of traumatic experiences and their impact on both victim and helper. With contributions from some of Australia’s leading trauma specialists, *Coping with Trauma* provides a unique and systematic analysis of trauma reactions in individuals suffering directly from the experience, as well as the professionals who render assistance to them. This book outlines major principles of assessment and intervention based on contemporary research and experience, and provides vivid, real-life case histories.

Presents an impressive array of contemporary topics in industrial and organisational psychology from the Asia-Pacific region. A must read for anyone in the field, with contributions from many prestigious researchers and practitioners.

Buy online at www.aapbooks.com
**Australian School Leadership Today**
Edited by Neil Cranston and Lisa Catherine Ehrich
The University of Queensland, Queensland
University of Technology

This book is distinctly Australian in flavour and substance, bringing together the expertise, research, and experience of the best of Australia’s educational academics and practitioners to dissect the social, historical and cultural contexts within which educational leadership is understood and practised today. A must read for all undergraduate and postgraduate students of school leadership, current teacher and leader practitioners, system-level educational leaders and policy makers.

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**Be a Parent not a Pal**
Dr Jeff Kemp

Parenting teenagers today is a tough challenge. It takes a lot of effort and some practical advice from people who know what they are talking about. Award winning specialist teacher, researcher, mentor and speaker, Dr Jeff Kemp, has spent 30 years helping parents ride the roller coaster of parenting. Combining this wealth of experience with research and academic training Jeff has produced a highly inspirational and practical book full of sage advice as well as dozens of real-life teen scenarios parents may face and action plans to deal with them.

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**Bully Blocking at Work: A Self-Help Guide for Employees and Managers**
Evelyn M. Field
Private practising psychologist, Melbourne

No one goes to work to be humiliated, abused, ostracised, or assaulted. Yet this is the reality of a working day for more than one in six workers. Most workplaces currently leave the victims of bullying to sink or swim, and the bullies to remain professionally incompetent. This book reveals the evil nature of workplace bullying, its destructive impact on targets, bullies or onlookers — and provides advice for coping and confronting bullying, from both a personal and organisational perspective.

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**Cognition and Language: Perspectives from New Zealand**
Edited by Claire M. Fletcher-Flinn and G.M. Haberman
University of Auckland and Massey University

The last two decades have seen an upsurge of cognitive research in the Australasian region. This volume marks the first comprehensive collection of theoretically significant outcomes of cognitive science projects in New Zealand research centres and integrates studies in the technical field of perception, the interfaces between cognition and language (psycholinguistics, psychology of communication), and cognitive-developmental studies.

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**Books & Resources**
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Buy online at www.aapbooks.com
Confidentiality for Mental Health Professionals: A Guide to Ethical and Legal Principles

Annegret Kämpf, Bernadette McSherry, James Ogloff, and Alan Rothschild
Monash University

Those who work in the mental health sector will sometimes need to consider whether they are ethically or legally obliged to disclose certain personal information revealed by their clients and patients to third parties. This book focuses on the actual decision-making process of disclosing confidential information to allow mental health professionals to find a solution that is ethically and legally sound, and able to be recognised as such by external authorities.

Creating Home Economics Futures: The Next 100 Years

Edited by Donna Pendergast, Sue L. T. McGregor & Kaija Turkki

In 2012, the World Congress of the International Federation of Home Economics (IFHE), first established over 100 years ago, was hosted by Home Economics Victoria in Melbourne, Australia. As the profession commences its second century of influence, this collection of works presented at the Congress provides a platform for outlining what the future of Home Economics might look like.

Crossfire! How to Survive Giving Expert Evidence as a Psychologist

Bruce Stevens
Southern Cross College

Even an experienced psychologist can find a day in court frightening. This book is written in plain language by an experienced forensic psychologist to help the reader acquire the skills to feel confident and effective in presenting expert evidence. The format of the book also reflects a psychologist’s professional supervision experience. The reader, listens in on supervision sessions with young psychologists “Jason” and “Mary” as they battle to learn from their own court experiences. The book also includes structured exercises to practice with peers.

Deadly Healthcare

James Dunbar, Prasuna Reddy and Stephen May

The story of Australia’s own “Dr Death”, Jayant Patel, is symptomatic of a challenge for all modern overburdened healthcare systems. In this absorbing book, the authors have ploughed through the mass of public inquiry data, interviewing key figures to reveal in gripping detail how it happened, who was to blame, and how it can be avoided. This is a story for all who are a part of a modern complex healthcare network, from hospital administrators to doctors, nurses, ancillary staff and patients.
**DIRT [Danger Ideation Reduction Therapy] for Obsessive Compulsive Checkers: A Comprehensive Guide to**

Lisa D. Vaccaro, Mairwen K. Jones, Ross G. Menzies, and Tamsen St Clare

University of Sydney

- ISBN: 9781921513282
- PUB Date: February 2010
- RRP: $95.00
- Pages: 244

**DIRT for Checkers** is a comprehensive treatment package that has been specifically designed to reduce expectancies of danger or threat in those with obsessive compulsive disorder (OCD) with predominant checking concerns. All information presented is designed to reduce the expectation that harmful events such as the fear of fire, damage, theft, harm to others and other physical losses will follow any failure to check. The treatment includes attentional focusing, cognitive restructuring, double-checking experiments, corrective information, filmed interviews, probability of catastrophe task.

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**DIRT [Danger Ideation Reduction Therapy] for Obsessive Compulsive Washers: A Comprehensive Guide to**

Tamsen St Clare, Ross G. Menzies, Mairwen K. Jones

Sydney West Health Service and University of Sydney

- ISBN: 9781875378838
- PUB Date: January 2008
- RRP: $85.00
- Pages: 132

For clinicians and therapists, this unique evidence-based treatment program is designed to reduce expectancies of danger or threat in obsessive-compulsive disordered washers. The DIRT program is based on the rationale that the therapist should provide as much factual information as possible to decrease the expectancy of illness or disease and thus reduce the high dropout rate seen in conventional OCD exposure and response prevention programs. The book includes a resource CD with patient handouts and a DVD of interviews.

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**Engagement & Change: Exploring Management, Economic and Finance Implications of a Globalising Environment**

Edited by Parikshit K. Basu, Grant O’Neill and Antonio Travaglione

Charles Sturt University and University of Sydney

- ISBN: 9781875378883
- PUB Date: December 2008
- RRP: $55.00
- Pages: 298

The phenomenon of globalisation continues to exert a powerful and uneven effect upon the business, governments and societies of the world. Yet its very conceptualisation as espoused in the research literature remains unclear; its effects hotly debated. This book examines key issues facing business in countries including Australia, China, Hong Kong, India, Japan, Indonesia, New Zealand, Philippines, Singapore, Taiwan, Thailand across the major discipline areas of management, economics, finance, accounting and marketing.

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**Fingergym Fine Motor Skills School Readiness Program**

Gayle Brook, Amy Wagenfeld, and Cathy Thompson

- ISBN: 9781875378753
- PUB Date: December 2006
- RRP: $275.00
- Pages: 136

The Fingergym™ Fine Motor Skills School Readiness Program is a unique Australian-developed, classroom-trialled, group rotation program that uses fun and motivating fine motor–based activities to help children become more independent in the classroom. Developed by experienced occupational therapy and education professionals, this program is a must-have for any preschool, kindergarten, prep, or primary educational setting.
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<th>Title</th>
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<tr>
<td><strong>Forensic Approaches to Death, Disaster and Abuse</strong></td>
<td>Edited by Marc Oxenham, Australian National University</td>
<td></td>
<td>9781875378906</td>
<td>$69.95</td>
<td>316</td>
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<td>How are forensic investigations conducted? What are the latest techniques in forensic methods? This book is a comprehensive resource for the study of forensic science, covering the issues, problems, solutions, debates, controversies and everyday practical approaches to the practice of forensic science. Written by experienced scientists and practitioners from the Asia–Pacific region, it features forensic archaeology, techniques of human identification, determining time, manner and cause of death, legal, ethical and procedural issues.</td>
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<td><strong>Happy Ever After? A Practical Guide to Relationship Counselling for Clinical Psychologists</strong></td>
<td>Bruce Stevens and Malise Arnstein, University of Canberra and Private Practice</td>
<td></td>
<td>9781921513794</td>
<td>$39.95</td>
<td>190</td>
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<td>Much relationship counselling today is conducted by generalist psychologists, social workers, and counsellors. Yet there is a strong case for a greater role for clinical psychologists. Accurate assessment during couples therapy is essential, the dynamics between people are complex, and the process is potentially very demanding of clinical skills. This book provides for both students and practitioners an integrated approach to relationship counselling, drawing on the best evidence-based treatments.</td>
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<td><strong>In the Wilds of Climate Law</strong></td>
<td>Edited by Rosemary Lyster, Sydney Law School</td>
<td></td>
<td>9781921513640</td>
<td>$34.95</td>
<td>285</td>
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<td>As the challenge of climate change begins to impact upon all aspects of everyday life, the need for a wider approach to its legal implications is never more urgent. This unique text from some of the country’s top legal academics as well as Stanford University’s Professor Armin Rosencranz, illustrates with disturbing clarity how legal policy, litigation, investment, corporations law, labour law, property law, international law, and WTO law all intersect with the environmental legal framework when considering the impacts of climate change.</td>
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<td><strong>Infants of Parents with Mental Illness: Developmental, Clinical, Cultural, and Personal Perspectives</strong></td>
<td>Edited by Anne Sved Williams and Vicki Cowling, Child, Youth and Women’s Health Adelaide and Hunter New England Area Health</td>
<td></td>
<td>9781921513039</td>
<td>$44.95</td>
<td>284</td>
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<td>This book examines how to achieve improved outcomes for infants growing up in situations of risk due to parents’ mental health and other related psychosocial circumstances that may impair parental functioning such as migration, substance abuse, and infant hospitalisation. The authors examine the effects of adverse life circumstances on infant and family and, in most cases, also describe assessments and interventions. Several chapters have been written by people personally affected by mental illness, or mental illness of a family member.</td>
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Innovations and Advances in Cognitive Behaviour Therapy
Edited by Danielle Einstein
University of Sydney

Explores cutting edge developments in the application of cognitive behaviour therapy across the full spectrum of psychopathology. With an emphasis on new variations in treatment procedures, flexible modes of delivery and the latest directions in treatment modality, including mindfulness and dialectical behaviour therapy. Essential reading for clinicians wishing to update their skills from quality clinical research, this book seamlessly combines a strong theoretical basis with practical applicability. Students will also benefit greatly from learning about the latest advances.

Integrated Family Intervention for Child Conduct Problems: A behaviour-attachment-systems intervention for parents
Mark Dadds and David Hawes
University of New South Wales

Targeted at therapists working with children aged 2–8 with behaviour problems such as aggression, rule breaking, tantrums, and fighting, this book offers an evidence-based 9-session treatment program for conduct problems including client handouts, based on extensive clinical experience. It can be used for individual or group treatment. The program challenges some current parent training approaches by replacing tokens and other artificial rewards with a focus on love, intimacy and acceptance.

International Education and Cultural-Linguistic Experiences of International Students in Australia
Edited by Abe Ata & Alex Kostogriz

This book offers a collection of chapters that cover various dimensions of international education in Australia. The issues covered span from political and student identity concerns to the pedagogical and curriculum dimensions of international education and to the areas of language acquisition and language assessment.

Job Stress in University Staff: An Australian Research Study
Anthony H. Winefield, Carolyn Boyd, Judith L. Saebel, Silvia Pignata
University of South Australia

A variety of changes to academic working conditions have resulted in an increase in occupational stress and a decrease in occupational wellbeing among university academics as well as nonacademic, or general, staff. This book releases for the first time the complete results of the Australian University Staff Stress Project which examined the level, extent, and antecedents of occupational stress experienced by staff, and the consequences on individuals and universities.
Letters from a Former Dean: Advice for students on navigating their studies to a successful career
Emeritus Professor Trevor Heath

In this inspiring, helpful and unique book written in the form of letters, former Dean Trevor Heath sets out practical and thoughtful tips to help students make the transition to higher study, then navigate successfully through their studies and onto the workforce.

**MENDS Counsellor Manual: A Structured Approach to Assisting Men in Relationship Crisis**
Owen Pershouse
Clinical and Forensic Psychologist in Private Practice

The MENDS program aims to reduce anxiety and depression, as well as contain anger and enhance client self-judgments and sense of wellbeing by providing valid and practical information, along with effective methods of self-auditing, planning and progress evaluation. The 12-week program adopts a structured, psycho-educational, and multidisciplinary forum for clients to address areas of psychological wellbeing, physical health, legal/social issues, and relationships.

**Morton Deutsch: A Life and Legacy of Mediation and Conflict Resolution**
Erica Frydenberg
University of Melbourne

Part biography, part introductory text, this entertaining book presents the life and work of one of the most distinguished psychologists of our time. Morton Deutsch’s ideas permeate the boundaries of law, international politics, education, business, and industrial relations, and he is credited as the father of the science of conflict resolution. Featuring interviews with Morton and his many students and colleagues, the book enlightens us about his life as well as illustrating how rigorous theoretical analysis can make a true difference in everyday lives.

**Music Autoethnographies: Making Autoethnography Sing/Making Music Personal**
Edited by Brydie-Leigh Bartleet and Carolyn Ellis
Queensland Conservatorium Griffith University and University of South Florida

Autoethnography is an autobiographical genre that connects the personal to the cultural, social, and political. The synergies between music and autoethnography are promising, ready to be fully realised. For the first time, this edited volume explores these synergies by presenting work in which the relationship between these two areas is explored through the eyes, ears, emotions, and stories of music and autoethnography practitioners.

Buy online at www.aapbooks.com
In 2015 Australia celebrates the centenary of the country’s first appointment of women police. This fascinating book presents for the first time the story of 100 years of Australian women police. A vital contribution to Australian history as well as modern policing and policy, the book concludes with a simple recipe for eliminating discrimination and optimising the contributions of women to police work.

A review of internationally peer-reviewed suicide research published during the year, this remarkable resource has been prepared each year since 2009 by the prestigious Australian Institute for Suicide Research and Prevention (AISRAP). It is a handy pocket reference designed to make suicide research more approachable to non-specialists at the professional level. Not only is a list of catalogued references provided; key abstracts are reproduced and commented on by experts in the field on the implementation of the studies’ findings in the Australian context.

The employment relationship as we know it is a relic of the last century. Globalisation, competition and financial pressures are challenging organisations to be more adaptable. This book offers managers and professionals a new, research-based employment model that will alter the way employees and employers think about their working relationship, aligning the changing needs and interests of individuals and organisations to produce a sustainable, productive and profitable workplace in any financial climate.

Read the inspiring stories of a rock-star environmentalist, corporate CEO, eminent scientist, award-winning Indigenous author, accomplished statesman, and respected Supreme Court Judge. Appropriate for use in Australian secondary and undergraduate studies, this unique book does not try to define leadership, but instead encourages the reader to fulfil that task themselves through a series of short essays on the personal and professional life of some contemporary Australians recognised nationally as aspiring leaders in their fields.
The Charismatic Personality
Dr Len Oakes

The idea that a single person can change the course of nations, peoples, and movements through the force of their own personality is something many may find fascinating and more than a little scary. In his latest book psychologist Len Oakes draws on a range of disciplines including theology, history, sociology and psychoanalysis to explore a personality so different from the general population that it is used by groups to solve problems that reason and tradition have failed to answer.

The Embroidery Recipe: How Your Ingredients Affect Your Results
Lindee Goodall

Lindee Goodall, founder and former owner of Cactus Punch, the first independent company to design embroidery specifically for the home market, gives you everything you need to know to produce quality embroidery no matter how small and basic or large and fancy your machine. Foreword by Deborah Jones.

The Fitzgerald Legacy: Reforming Public Life in Australia and Beyond
Edited by Colleen Lewis, Janet Ransley, and Ross Homel
Monash University, Griffith University

The Queensland Government Commission of Inquiry into Possible Illegal Activities and Associated Police Misconduct, commonly referred to as the Fitzgerald Inquiry, lasted for two years. Its findings and recommendations, tabled in Parliament in May 1989, continue to have a significant effect on many aspects of public life in Queensland and beyond. This edited collection recalls the events that led up to the Fitzgerald Inquiry and examines the extraordinary influence the ‘watershed’ inquiry has had on police and public sector reform at the state, national and international levels.

The Science of Management: Fighting Fads and Fallacies with Evidence-Based Practices
Simon Moss & Ronald Francis
Monash University

What are the assumptions and beliefs behind the many management decisions made everyday in companies around the world? Are they based on real evidence or do they simply follow the latest management fad, personal opinion, or anecdotal observation? The authors have collated and analysed almost 16,000 scientific research articles in the fields of psychology and management to uncover significant challenges to many common management assumptions.

Buy online at www.aapbooks.com
In this remarkable book, Professor Diego De Leo, distinguished Italian psychiatrist and world leading researcher into suicide prevention, takes us on a revealing journey into the suicidal mind. Told in the form of letters, 12 life stories reveal much about the human spirit as well as the deep complexities of suicidal behaviour and the struggle for psychological science to understand this worst of human tragedies.

This outstanding book provides a rare insight into ground-breaking comprehensive research from Europe, Australia, Asia and the United States on the health impact of unemployment on the individual and the community. Featuring authors from across the fields of psychology, medicine, economics, sociology, occupational health and organisational development.

Essential reading for all students — secondary through to tertiary and postgraduate — requiring an introduction to Christian Muslim relations and attitudes in Australia, Us and Them offers 11 essays about interfaith relations drawn from a variety of research projects over past years, including results from a national survey on attitudes towards Islam and Muslims among Australian secondary students.

It is often said that we need better leadership in business, schools, churches, the community, and politics. But what is leadership? This book lets the voices of those acknowledged as leaders do the talking. These are people who live, breath and practise leadership — they make it happen. Each of the ten leaders who speak in this book has demonstrated outstanding success in their field, such that their story is rich and informative, adding both critical and creative insights for those who seek to understand the leadership phenomenon better.